

Part 1: Foundations of IFS Practice

July 2025 Schedule – Summer Intensive – July 7 to August 1, 2025

Week 1 – July 7-13			
Dates	Activity	Time	Format
July 7, 2025	Orientation	9 to 10:30 a.m. ET	Zoom
Week 2 – July 14-20			
Dates	Activity	Time	Format
Must be completed by July 13	Self-directed learning (4 hours)	N/A	Online
July 14, 2025	Live Class Self-directed learning (1.5 hour)	9 a.m. to 3 p.m. ET (one hour break)	Zoom
July 15, 2025	Live Class Self-directed learning (1.5 hour)	9 a.m. to 3 p.m. ET (one hour break)	Zoom
July 16, 2025	Live Class Self-directed learning (1.5 hour)	9 a.m. to 3 p.m. ET (one hour break)	Zoom
July 17, 2025	Live Class Self-directed learning (1.5 hour)	9 a.m. to 3 p.m. ET (one hour break)	Zoom
July 18, 2025	Live Class	9 a.m. to 1 p.m. ET (no break)	Zoom
Weeks 3 and 4 – July 21-August 1			
Dates	Activity	Time	Format
Must be completed by August 1	Self-directed learning (4.5 hours)	N/A	Online
Friday, August 1, 2025	Final assignment due	11:59 p.m. ET	