

Part 2: Deeper Applications of the IFS Model

October 2025 Schedule – Intensive – October 14 to November 7, 2025

Week 1 – October 13-17			
Dates	Activity	Time	Format
October 14, 2025	Orientation	1 to 2:30 p.m. ET	Zoom
Week 2 – October 20-24			
Dates	Activity	Time	Format
Must be completed by October 19	Self-directed learning (4 hours)	N/A	Online
October 20, 2025	Live Class Self-directed learning (1.5 hour)	9 a.m. to 4 p.m. ET (one hour break)	Zoom
October 21, 2025	Live Class Self-directed learning (1.5 hour)	9 a.m. to 4 p.m. ET (one hour break)	Zoom
October 23, 2025	Live Class Self-directed learning (1.5 hour)	9 a.m. to 4 p.m. ET (one hour break)	Zoom
October 24, 2025	Live Class Self-directed learning (1.5 hour)	9 a.m. to 4 p.m. ET (one hour break)	Zoom
Weeks 3 and 4 – October 27-November 7			
Dates	Activity	Time	Format
Must be completed by November 7	Self-directed learning (4.5 hours)	N/A	Online
Friday, November 7, 2025	Final assignment due	11:59 p.m. ET	